



Griffins SC of Enfield Open Meet

Affiliated to London Region ASA

Licensed Level 3 No. 3LR8354

50/200 Meet

Saturday 1st November 2008

The competition will be held under ASA Laws and ASA Technical Rules

1. The venue is **Southbury Road Leisure Centre**, Southbury Road, Enfield. The pool is 25m in length, 8 lanes wide, with anti turbulence lane ropes and Colorado electronic timing.
2. The Programme of events for the Meet is attached. All events are available for all age groups and will be heat declared winner with the fastest 3 in each age group being awarded prizes. The single age groups for awards are for boys and girls 9yr 10yr 11yr 12yr 13yr 14yr and 15 and over. **Ages as at 1st November 2008.**
3. Heats will be swum with all age groups combined and swimmers seeded by entry times. The final heat of each event will be spearheaded.
4. Valid entries will be accepted in the order of receipt, that is; first come, first served. Complete entries for each Club are requested together with a single cheque. Electronic entries only, a downloadable hy-tek entries file is available from the Griffins website www.griffinssc.co.uk. Closing Date for entries **midnight 1st October 2008**. However the promoter reserves the right to close entries to maintain a balanced programme.
5. The entry fee is £3.50 per event. All entries must be emailed as a hy-tek file and **must** include the entrants ASA category 2 registration number. Please make cheques payable to **Griffins of Enfield Swimming Club**, single cheques from each club are preferred. Cheques made payable to Griffins SC should be sent to Phil Pasmore, 24 Pickard Close, Southgate, London N14 6JG
6. The starting blocks at Southbury Road are 550mm from the surface of the water and the depth of water is a minimum of 1.8m at the deep end down to 1.0m at the shallow end. No diving is permitted into the shallow end of the pool. It is the responsibility of the competitors, coaches and clubs to ensure that all swimmers have reached the standard of the **ASA Competitive Start Award** to dive start under these conditions. Swimmers are reminded they may start in the water or from the side of the pool. Over the top starts may be used at the promoter's discretion.

7. Under ASA guidance and for Health and Safety reasons, all swimmers are to remain in their lane at the end of their race until told to leave the pool by the Referee.
8. Competitors must check in with the Clerks of the Course on the day of the competition not later than **45 minutes** prior to the start of the session. Competitors in the first event of each session must report to the Clerks of the Course **10 minutes** before the scheduled start time. Competitors in other events must report to the Clerks of the Course **one clear event** before the event in which they are swimming.
9. Results of this meet will be posted on the Griffins web site www.griffinssc.co.uk and times recorded at the meet will be sent to the ASA for inclusion in the National rankings.
10. The pool will be available for **warm up** before the start of each session. All swimmers must be supervised by coaches/team managers during the warm ups and whilst on poolside. Coaches and team managers are responsible for the behaviour of their swimmers at all times. All swimmers and coaches are reminded that they are responsible for the safety of all their possessions.
11. Photography (including the use of video cameras and mobile phone cameras). In accordance with ASA recommendations **we adopt a policy of only allowing photography by permit**. Permits can be obtained from the door steward.
12. Any dispute related to a matter not covered in these conditions shall be determined by the **Promoter**.