



Griffins SC of Enfield Open Meet

Affiliated to London Region ASA

Licensed Level 3 No. 3LR8354

50/200 Meet

Saturday 1st November 2008

Upper and Lower Times

Boys		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15+
50m Free	QT	58.10	51.40	45.60	40.40	39.40	38.00	37.10
	UCO	38.60	35.70	33.60	31.60	29.80	28.40	27.40
200m Free	QT	4.41.50	4.02.00	3.33.30	3.07.70	3.03.70	2.59.80	2.55.10
	UCO	3.06.60	2.48.40	2.38.00	2.27.80	2.19.10	2.12.40	2.08.60
50m Breast	QT	1.16.20	1.06.90	58.90	51.40	50.40	49.90	48.60
	UCO	50.80	46.70	43.60	40.60	37.60	36.00	34.50
200m Breast	QT	5.54.40	5.09.60	4.31.70	3.57.90	3.53.90	3.49.30	3.45.80
	UCO	3.59.40	3.38.20	3.22.50	3.08.20	2.55.40	2.46.40	2.40.90
50m Fly	QT	1.05.80	56.50	50.20	44.10	43.10	42.10	41.00
	UCO	43.90	39.90	37.20	35.00	32.80	31.20	29.80
200m Fly	QT	5.28.60	4.38.70	3.59.60	3.30.00	3.26.60	3.22.20	3.18.20
	UCO	3.53.40	3.20.40	3.00.50	2.48.90	2.37.30	2.29.10	2.22.60
50m Back	QT	1.08.40	59.80	53.10	46.80	45.20	44.20	43.10
	UCO	44.80	41.20	38.70	36.40	34.00	32.50	31.10
200m Back	QT	5.12.50	4.31.60	3.58.70	3.30.20	3.26.20	3.22.50	3.18.30
	UCO	3.27.50	3.09.20	2.55.40	2.44.20	2.33.90	2.26.10	2.21.40
200m IM	QT	5.20.50	4.36.40	4.01.80	3.32.90	3.28.70	3.24.20	3.20.60
	UCO	3.32.20	3.13.10	2.59.10	2.47.60	2.37.80	2.29.60	2.24.60

Girls		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15+
50m Free	QT	54.30	47.30	42.60	39.00	38.00	37.20	36.10
	UCO	38.80	35.90	33.80	32.10	31.00	30.30	29.90
200m Free	QT	4.25.10	3.40.10	3.17.10	3.00.00	2.56.50	2.52.60	2.48.50
	UCO	3.07.20	2.47.80	2.36.80	2.27.80	2.22.20	2.19.70	2.17.60
50m Breast	QT	1.11.70	1.00.60	54.60	49.50	48.30	47.50	46.10
	UCO	51.20	46.50	43.30	40.80	39.00	38.10	37.40
200m Breast	QT	5.34.90	4.39.00	4.08.90	3.45.90	3.41.30	3.37.60	3.33.70
	UCO	3.58.10	3.35.80	3.19.30	3.07.10	2.58.40	2.54.00	2.52.30
50m Fly	QT	1.00.60	51.90	46.50	42.50	41.50	40.30	39.50
	UCO	44.20	39.60	37.20	35.20	33.80	33.00	32.40
200m Fly	QT	4.54.70	4.13.80	3.41.20	3.20.70	3.16.40	3.12.70	3.08.10
	UCO	3.55.20	3.19.40	3.00.40	2.47.90	2.40.60	2.35.80	2.33.30
50m Back	QT	1.03.70	54.50	49.40	45.10	44.40	43.90	42.00
	UCO	44.90	40.80	38.40	36.40	35.00	34.20	33.80
200m Back	QT	4.55.40	4.04.80	3.39.60	3.19.80	3.15.70	3.11.40	3.07.50
	UCO	3.27.50	3.07.90	2.52.50	2.43.30	2.37.50	2.33.70	2.31.20
200m IM	QT	5.00.20	4.09.20	3.43.00	3.22.70	3.18.40	3.14.00	3.10.60
	UCO	3.32.00	3.11.20	2.56.70	2.42.70	2.41.00	2.37.30	2.35.10

QT: Qualifying Time

UCO: Upper Cut Off